

Wilderness Survival Core Seminar [WSCS]

A well-researched introduction to modern wilderness survival, this seminar is the basis of our modern wilderness survival training programme. The WSCS emphasizes fact based learning and survival techniques designed to keep a person or group of persons alive in the Canadian Wilderness for a Short Term Survival Situation (1 to 4 days). The seminar is an excellent primer of the concepts you need to live comfortably in the Canadian wilderness.

The WSCS covers survival physiology, survival psychology, clothing, sleeping bags, fire lighting, shelter building, emergency signals, survival equipment and preparation. WSCS also deals with how to mentally prepare you for surviving in the wilderness and an analysis of typical survival episodes.

The major emphasis on this course is modern wilderness survival techniques, mitigative survival skills and proper preparation for wilderness travel. This seminar is quality wilderness safety training at its best. The information is practical, relevant and its approach is appropriate to both the inexperienced and experienced wilderness travelers. Each section will be highlighted with displays and a reading list is provided as part of the extensive handout package.

Wilderness Survival Core Seminar Syllabus

1. Introduction to Survival
2. Survival Physiology
3. Survival Psychology
4. Clothing and Sleeping Bags
5. Fire Lighting
6. Shelter Building
7. Emergency Signals
8. Survival Equipment
9. Preparing to Survive
10. Learning from Others

Location: Classroom #202 7205 Roper Road, Edmonton, AB or as Contracted

Dates: As per Web Site Calendar or as Contracted [Groups of 5 or more]

Cost: \$125 per person or \$550 plus \$15 per person [Groups of 5 or more] + GST

Course Time Frame: 8:30 am to 5:30 pm or 8 hours Instruction.

Our Philosophy on Modern Wilderness Survival Instruction

It is our belief that mitigative modern wilderness survival instruction can help to eliminate most potentially life threatening survival situations. Modern Wilderness Survival Training is a solid foundation for a proper **Wilderness Travel Safety Programme**. We base all of our courses on scientific facts and giving you potentially lifesaving instruction. We believe in teaching you to use proper equipment and techniques in a relaxed atmosphere. Nature will provide the final test, so we work to build up and strengthen your skills and knowledge base, not break it down.