

Hundred K Survival Challenge Equipment List

#1 Clothing

Nylon Pants, Shirt, Inner Socks, Outer Socks, Fleece Sweater or Equivalent, Wind Shell or Equivalent Light Jacket, Hat, Toque, Headover or Light Scarf, Light Gloves, Boots

#2 Fire

12 Matches, Striker, Small Candle, 3 Pieces of Tinder

#3 Knife

Carbon Steel Mora Knife

#4 Whistle

Plastic Whistle.

#5 1st Aid Kit

Personal First Aid Kit.

#6 Signal Mirror

Heliograph.

#7 Compass

Sighting Compass

#8 Cord

5m Sections of Cord

Plus

#9 Pot

Metal Canteen Cup or Equivalent plus 1m of Snare Wire

#10 Bow Saw

Nil

#11 Sleeping Bag & Protective Cover

Nil

#12 Mattress

Nil

#13 Shelter

Light Weight Poncho (must be able to double as rain gear in heavy rain.)

#14 Pack or Waterproof Container

Daypack

#15 Extra Allowed Items:

Garbage Bag

Sunglasses

Mosquito Repellent

Light Headlamp

Water Container or Bladder (1L+)

Water Purification Tablets/Liquid

Bear Scare

Logbook and Pencil

Bug Face Net (Optional)

Small Camera (Optional)

Light Weight Forging Shoes (Optional)

Extra item (<100g), specified on personal list and checked by staff.

Medications (Required by Doctor)