

15 Critical Items for Wilderness Survival

#1 Clothing*¹

Dress for the worst conditions possible.

#2 Fire*¹

Matches, Striker, Pocket Lighter & Tinder.

#3 Knife*¹

Carbon Steel Survival Knife

#4 Whistle*¹

Quality Plastic Whistle

#5 1st Aid Kit*¹

Personal First Aid Kit

#6 Signal Mirror*¹

High Quality Glass Heliograph

#7 Compass*¹

Liquid Filled Sighting Compass

#8 Cord*¹

2 Sections of Good Quality Cord 3m Long

#9 Pot

2L+ with a tight lid and handle/grip

#10 Bow Saw

Folding Bow Saw or Bow Saw Blade

#11 Sleeping Bag & Protective Cover

Quality Synthetic Filled Mummy Bag

#12 Mattress

Self Inflating Mattress or Ensolite Pad

#13 Shelter

Big enough for all occupants

#14 Pack or Waterproof Container

Big enough and sturdy enough to carry the 15CI's.

#15 Extra Items: **SPOT or SARSAT Beacon**

1 Layer of Extra Insulative Clothing
Survival Candle and/or Fire Lighting Kit
Mosquito Repellent & Bug Face Net
2 Heavy Duty Orange Garbage Bags
Water Proof Headlamp or Flashlight
Stainless Steel Water Bottle (1L+), Water Purification Tablets and/or a Water Filtration System
ORS (Oral Rehydration Solution) Snacks (High Energy) & Brew Kit (Tea, Sugar, etc.)
Emergency rations (1 day's food, at or above your BMR)
Repair Kit (w/ Duct Tape & Tie Wraps)
Sharpening Stone or Board

¹ Always carry the Top 8 Critical Survival Items with you, tied to a string or in a secure pocket.