

Fall Mountain Survival Course [FMSC]

The **Fall Mountain Survival Course** (FMSC) is a world-class professionally taught Modern Wilderness Survival Course, designed to give you the knowledge you need if stranded in the Mountains of Canada. This survival course gives you the skills and confidence you need for survival anywhere in the Canadian mountains.

We will begin the course on a 250-plus acre training site at our base camp located in the Columbia Mountains near Boswell, B.C. We spend the next three days learning mountain survival skills. The Temperate Rainforest in Fall is a wet, moisture-filled environment with a limited chance of snow. It provides a unique training environment in Canada with; cedar, fir, larch, hemlock, birch, willow and pine. We will spend some of our time exploring this wonderful forest, collecting firewood, and harvesting saplings and other useful plants in this forest.



The Temperate Rainforest of BC are a unique survival training environment in Canada.



Each course participant receives a MoraKniv, a Fire Lighting Kit with matches, tinder, a lighter and candles and a sharpening board.

We concentrate during the first three days on teaching the fundamental survival skills you need to learn; safe tool use, fire lighting, cooking over a fire, shelter building and water purification. During this time, you will live in a rustic camp. Each participant will build and live in various single and double person shelter with a shared fire. Fire management and cooperation with the individual on the other side of the fire are essential skills you will be practicing.

We will then leave our base camp on day four and move as a group by vehicle and foot to a higher elevation area to live a night in another location. In this new area, we will quickly see the differences in the forest due to elevation and slope. Here we will ensure you can survive and thrive if stranded by building a quick improvised shelter and fire. We will also have a chance to see and understand northerly and southerly facing slopes and the changes caused by higher elevation. Along the way, we will take a walkabout in another Forest of the Columbian Mountains.

The course finishes off with a wrap-up and debriefing at our base camp. On Graduation each successful participant receives the BWI's Survival Certificate.

Field Training Skills Covered:

Knifecraft

- Safely using a Survival Knife
- Basic Knife Handling
- Wood Splitting with a Survival Knife
- Sharpening Board & Knife Sharpening

Using Survival Tools

- Build & Use a Baton
- Notches & Try Sticks
- Useful Knots
- Using a Bow Saw
- Build an Improvised Sawhorse
- Safe Falling of Deadfall Trees
- Natural Cordage & Binding
- Making Cedar Cordage



Cedar Cordage.

The Food Challenge

- Legal Fishing & Hunting Discussion
- Bush Scavenging in the Mountains
- Improvised Fishing in the Mountains
- Improvised Hunting in the Mountains

Fire Lighting

- Using Artificial and Natural Tinder
- Finding Natural Fire Lighting Aids
- Fire Lighting with a Striker
- Standard and Survival Twig Bundles
- Getting a Fire Started
- Keeping a Fire Burning
- Overnight Fire Management Skills
- Selection of Proper Fire Wood
- No-Evergreen Fire Lighting
- Building Cooking Cranes
- Cooking over a Fire
- Cooking with a Stick Burner
- Building a Signal Fire
- No-Trace Cooking Fires



Lighting Birch Bark with a Striker.

Water Purification

- Purifying Water
- Safe Collecting of Water

Shelter Building

- Single & Double Super Shelters
- Various Lean-to Shelters
- 4-Finger Rainforest Bough Bed
- Collecting & Using Natural Shelter Material
- Build various Survival Shelters
- Build various Rain Shelters
- Build various Improvised Shelters

Montane Forest

- Trees of the Montane & Interior Temperate Rainforest Forest
- Useful plants of the Montane & Interior Temperate Rainforest
- Use and Identification of Aspect/Slope
- Safe Camp Locations in the Mountains
- Safe Summer & Fall Mountain Travel
- Safe Water Crossings
- Dealing with Bears, Cougars and other Wildlife
- Keeping Gear Safe & Dry in the Bush
- Camp Reclamation

Prerequisite: *Online or in-person Survival Core Seminar and read Canadian Wilderness Survival*

Course Time Frame: 5-day (08:00hrs Monday till 14:00hrs Friday).

Group Size: Group up to 9 maximum, course may be cancelled unless it has 3 participants.

Cost: \$760 plus \$38 GST.