

## Survival Core Seminar [SCS]

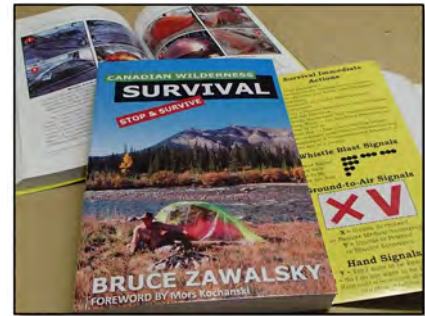
**Do you want to avoid being miserable when stranded in the wilderness? This 8-hour course is the well-researched introduction to modern wilderness survival you need to take. It Emphasis carrying proper survival gear and clothing into the wilderness, fire lighting, shelter building and water purification.**

This seminar is the basis of our modern wilderness survival training programme. The SCS emphasizes fact based learning, the science of survival and survival techniques designed to keep a person or group of people alive in the Canadian Wilderness for a short term survival situation (1 to 4 days). It is an excellent primer of the concepts you need to live comfortably in the Canadian wilderness.

The SCS covers survival physiology, survival psychology, clothing, sleeping bags, fire lighting, shelter building, emergency signals, survival equipment and preparation. SCS also deals with how to mentally prepare you for surviving in the wilderness and an analysis of typical survival episodes.

The major emphasis on this course is modern wilderness survival techniques, mitigative survival skills and proper preparation for wilderness travel. In this course we cover both winter and summer survival shelters and techniques. This seminar is quality wilderness safety training at its best.

The information in this course is practical, relevant and its approach is appropriate to both the inexperienced and experienced. Each section will be highlighted with displays and a copy of "**Canadian Wilderness Survival**," Bruce Zawalsky's 450 page full colour survival book is provided to each participant.



Each course participant receives a copy of Canadian Wilderness Survival

### Wilderness Survival Core Seminar Syllabus

1. Introduction to Survival
2. Survival Physiology
3. Survival Psychology
4. Clothing and Sleeping Bags
5. Fire Lighting
6. Shelter Building
7. Emergency Signals
8. Survival Equipment
9. Preparing to Survive
10. Learning from Others

**Location:** Classroom #202 7205 Roper Road, Edmonton, AB or as Contracted

**Dates:** As per Web Site Calendar or as Contracted

**Course Time Frame:** 8-hours

**Group Size:** Groups up to 20

**Cost:** \$150 per person or \$600 plus \$28 per person for **Canadian Wilderness Survival**