

Survival Core Seminar [SCS]

Do you want to avoid being miserable when stranded in the wilderness? This 14-hour training session is the well-researched modern wilderness survival course you need to take to really start learning survival skills. It emphasizes carrying proper survival gear and clothing into the wilderness, fire lighting, shelter building and water purification.

This seminar is the basis of our modern wilderness survival training programme. The SCS emphasizes fact-based learning, the science of survival and survival techniques designed to keep a person or group of people alive in the Canadian Wilderness for a short-term survival situation (1 to 4 days). It is an excellent primer on the concepts you need to live comfortably in the Canadian wilderness.

The SCS covers survival physiology, survival psychology, clothing, sleeping bags, fire lighting, shelter building, emergency signals, survival equipment and preparation. SCS also deals with how to mentally prepare you for surviving in the wilderness and an analysis of typical survival episodes.

The major emphasis of this course is modern wilderness survival techniques, mitigative survival skills and proper preparation for wilderness travel. In this course, we cover both winter and summer survival shelters and techniques. This seminar is quality wilderness safety training at its best.

The information in this course is practical and relevant. Its approach is appropriate to both the inexperienced and experienced. The SCS is well suited to field workers, paramedics and EMTs, GSAR volunteers, law enforcement personnel, environmental technicians or outdoor educators who spend any time travelling through or into the Canada Wilderness.



Wilderness Survival Core Seminar Syllabus:

- 1. Introduction to Survival**
- 2. Survival Physiology**
- 3. Survival Psychology**
- 4. Clothing and Sleeping Bags**
- 5. Fire Lighting**
- 6. Shelter Building**
- 7. Emergency Signals**
- 8. Survival Equipment**
- 9. Preparing to Survive**
- 10. Learning from Others**

Prerequisites: None

This course is required for all individuals or groups wishing to move onto any field training.

Location: **Online**, our Classroom at #202 7205 Roper Road, Edmonton, AB or as Contracted.

Dates: As per Web Site Calendar or as Contracted.

Course Time Frame: 14-hours.

Group Size: Groups up to 40 Online or 20 in classroom.

Cost: \$125 per person Online or \$1200 for a Contracted Online or Classroom course. Those wishing to add a copy of Canadian Wilderness Survival for each participant on a contracted course, copies will be invoiced at \$28 each.