



Winter Field Session [WFS] Equipment List

It is always safer to error on the side of taking it instead of not, leave the extra equipment in your vehicle. The amount of weight will you carry will not be a major factor in selection of gear and enjoyment of this course as you will be required to walk less than 1 km to the training area.

It is important to note that our practical wilderness survival courses are meant to educate you and allow you to build up skill and confidence in a casual relaxed environment. You will never be far from your vehicle if you need to go back for an extra piece of gear.

Clothing:

- **Insulated Leather Work Gloves**
- Insulated Jacket
- Apriority Clothing to work outside for the Day
- Insulated Gloves, Toque and Scarf
- Winter Boots (which allow easy walking)

Miscellaneous Items:

- Day Pack
- Pencil & Notepad
- Toilet Paper

Cooking & Food:

- 1L+ Water Bottle or Thermos (minimum)
- Bag Lunch
- Snack Food
- Drink Mixes or Tea etc.
- Mug